



Head Coach Report

Annual General Meeting

October 2019

- *The Sunrays have had an extremely successful 2018-2019 season. Our Top 2 accomplishments were in the following areas.*
 - *Program Growth*
 - *Athlete Accomplishments*
- *THE SUNRAYS SUCCESSFULLY HOSTED CANADIAN CHAMPIONSHIPS*
- *OUR STAR PROGRAM HAD 5 ATHLETES, PROVINCIAL STREAM 10 ATHLETES, NATIONAL STREAM 7 ATHLETES*
- *2 OF THE MOST SUCCESSFUL WAYS WE HAVE INCREASED OUR REGISTRATION WAS BY OFFERING FREE TRY IT'S. WE HAD OVER 85 ATHLETES COME THROUGH OUR CLUB.*
- *WE HAD 3 ATHLETES AND 1 COACH COMMUTE FROM VERNON TO BE PART OF THE CLUB*

Program Growth:

- *INTRO TO SYNCHRO*
- *STAR TEAM*
- *2X PROVINCIAL STREAM TEAMS*
- *3X PROVINCIAL STREAM SOLOS*
- *NATIONAL STREAM 13/15 TEAM*
- *2X 13/15 NATIONAL STREAM DUETS*
- *1X 13/15 NATIONAL STREAM SOLO*
- *NATIONAL STREAM SENIOR TECH SOLO*
- *NATIONAL STREAM SENIOR FREE SOLO*

Provincial Stream:

PROVINCIAL STREAM TEAM (PEARL)

- *MABLE MORAN CHAMPIONSHIPS – 4TH PLACE*
- *JEAN PETER INVITATIONAL – 6TH PLACE*

PROVINCIAL STREAM TEAM (DIAMOND)

- *MABLE MORAN CHAMPIONSHIPS – 11TH PLACE*
- *JEAN PETER INVITATIONAL – 11TH PLACE*

PROVINCIAL STREAM 10&UNDER SOLO

- *MABLE MORAN CHAMPIONSHIPS – 1ST PLACE*
- *JEAN PETER INVITATIONAL – 5TH PLACE*



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PROVINCIAL STREAM 11/12 SOLOS

- *MABLE MORAN CHAMPIONSHIPS – 1ST & 5TH PLACE*
- *JEAN PETER INVITATIONAL – 3RD & 5TH PLACE*

National Stream – 13/15 Team (121)

PROVINCIAL QUALIFIERS

- *2ND PLACE*

PROVINCIAL CHAMPIONSHIPS

- *2ND PLACE*

NATIONAL QUALIFIERS

- *23RD PLACE*

CANADIAN CHAMPIONSHIPS

- *17TH PLACE*

National Stream – 13/15 Solo

PROVINCIAL QUALIFIERS

- *3RD PLACE*

PROVINCIAL CHAMPIONSHIPS

- *4TH PLACE*

National Stream – 13/15 Duet

PROVINCIAL QUALIFIERS

- *3RD & 4TH PLACE*

PROVINCIAL CHAMPIONSHIPS

- *3RD & 4TH PLACE*

NATIONAL QUALIFIERS (ROSIE & NADIA)

- *RECOGNIZED BY ARTISTIC SWIMMING CANADA AS ATHLETES WITH POTENTIAL*



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- 29TH PLACE

National Stream – Senior Solo

PROVINCIAL QUALIFIERS

- 2ND PLACE TECH SOLO
- 2ND PLACE FREE SOLO

PROVINCIAL CHAMPIONSHIPS

- 3RD PLACE TECH SOLO
- 2ND PLACE FREE SOLO

NATIONAL QUALIFIERS

- 9TH PLACE TECH SOLO
- 10TH PLACE FREE SOLO

NATIONAL OPEN

- 8TH PLACE TECH SOLO
- 9TH PLACE FREE SOLO

High Performance Accomplishments

- *Talent Identification Program - 6 Athletes:*
 - *Nadia Curtis*
 - *Keira Fawcett*
 - *Kate Liebe*
 - *Rosina Fraser-Bowden*
 - *Karina Aujla*
 - *Charlotte Ribalkin*
- *Regional Coach (Interior, Okanagan, Kootenays, Prince George) – Tina Naveri*

Community Events:

- *Participated in the Annual Santa Clause Parade*
- *Provided gift baskets for the women and children at YMCA's woman's shelter*
- *Gift wrapping*



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Synchro BC Awards (September 2018)

- *11/12 ATHLETE OF THE YEAR – Nadia Curtis*
- *ADAPTIVE ATHLETE OF THE YEAR – Abby Bucher*
- *SENIOR ATHLETE OF THE YEAR – Charlotte Ribalkin*
- *COACH OF THE YEAR – Tina Naveri*